What do you value?

Task: For this assignment, you will need to create a personal creed telling what you believe about God and what you believe in and value in your own life. In class we learned that a creed is **a set of beliefs or aims that guide someone’s actions**. This creed can take on any form. **BE CREATIVE**! There are only a few **requirements for this project**:

-You must have at least **8 values** displayed

-You will need to have a **1 page** **written explanation** of why you selected the values you did and how those values reflect who you are. Why are these values important? (This should be at least one page hand written or typed double spaced)

-You must incorporate **colour** into this creed (not just blank ink on white paper!)

**If you get stuck** thinking of values, use this sentence as a prompt: **Something I value in life is…**

Some examples of things you can incorporate into your creed are;

* Quotes
* Song Lyrics
* Bible Verses
* Drawings
* Pictures
* Magazine Clippings
* AND MORE

**Options:** You can turn this in on any material. It can be on paper, poster, scrapbook, cereal box, etc. You could even create something digitally (keynote, imovie, prezi etc.) If you choose to take this option, it needs to be approved by me first. **DON’T FORGET!** Every project MUST have the written component!

**Personal Creed Rubric**

|  |  |  |  |
| --- | --- | --- | --- |
| **Criteria** | **1** | **2** | **3** |
| 8 Values | **Missing more than 3 values.** | **Missing 1 or has 2 very similar.** | **Has 8 different values** |
| Written Explanation | **lacking explanation. (less than 1 page or lacks editing).** | **1 page edited explanation may be vague or unclear in parts.** | **1 page edited explanation on why these values are important to you and why you chose them.** |
| Colour & Neatness | **Lacking both neatness and colour** | **Lacking either neatness or colour** | **Very neat and colourful.** |
| Creativity | **Project is typical or appears to be rushed.** | **Project has been completed in a creative manner.** | **Project is very unique and thoughtfully completed.** |

**Total: /12**

**Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Apostles’ Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Suggested Values**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Achievement | Availability | Cheerfulness | Cooperation | Direction |
| Acknowledgement | Awareness | Clarity | Cordiality | Directness |
| Activeness | Awe | Cleanliness | Correctness | Discipline |
| Adaptability | Balance | Clear-mindedness | Courage | Discovery |
| Adoration | Beauty | Cleverness | Courtesy | Discretion |
| Adroitness | Being the best | Closeness | Craftiness | Diversity |
| Adventure | Belonging | Comfort | Creativity | Dominance |
| Affection | Benevolence | Commitment | Credibility | Dreaming |
| Affluence | Bliss | Compassion | Cunning | Drive |
| Aggressiveness | Boldness | Completion | Curiosity | Duty |
| Agility | Bravery | Composure | Daring | Dynamism |
| Alertness | Brilliance | Concentration | Decisiveness | Eagerness |
| Altruism | Buoyancy | Confidence | Decorum | Economy |
| Ambition | Calmness | Conformity | Deference | Ecstasy |
| Amusement | Camaraderie | Congruency | Delight | Education |
| Anticipation | Candor | Connection | Dependability | Effectiveness |
| Appreciation | Capability | Consciousness | Depth | Efficiency |
| Approachability | Care | Consistency | Desire | Elegance |
| Articulacy | Carefulness | Contentment | Determination | Empathy |
| Assertiveness | Celebrity | Continuity | Devotion | Encouragement |
| Assurance | Certainty | Contribution | Devoutness | Endurance |
| Attentiveness | Challenge | Control | Dexterity | Energy |
| Attractiveness | Charity | Conviction | Dignity | Enjoyment |
| Audacity | Charm | Conviviality | Diligence | Entertainment |
| Enthusiasm | Firmness | Heart | Intrepidness | Maturity |
| Excellence | Fitness | Helpfulness | Introversion | Meekness |
| Excitement | Flexibility | Heroism | Intuition | Mellowness |
| Exhilaration | Flow | Holiness | Intuitiveness | Meticulousness |
| Expectancy | Fluency | Honesty | Inventiveness | Mindfulness |
| Expediency | Focus | Honor | Investing | Modesty |
| Experience | Fortitude | Hopefulness | Joy | Motivation |
| Expertise | Frankness | Hospitality | Judiciousness | Mysteriousness |
| Exploration | Freedom | Humility | Justice | Neatness |
| Expressiveness | Friendliness | Humor | Keenness | Nerve |
| Extravagance | Frugality | Hygiene | Kindness | Obedience |
| Extroversion | Fun | Imagination | Knowledge | Open-mindedness |
| Exuberance | Gallantry | Impact | Leadership | Openness |
| Fairness | Generosity | Impartiality | Learning | Optimism |
| Faith | Gentility | Independence | Liberation | Order |
| Fame | Giving | Industry | Liberty | Organization |
| Family | Grace | Ingenuity | Liveliness | Originality |
| Fascination | Gratitude | Inquisitiveness | Logic | Outlandishness |
| Fashion | Gregariousness | Insightfulness | Longevity | Outrageousness |
| Fearlessness | Growth | Inspiration | Love | Passion |
| Ferocity | Guidance | Integrity | Loyalty | Peace |
| Fidelity | Happiness | Intelligence | Majesty | Perceptiveness |
| Fierceness | Harmony | Intensity | Making a difference | Perfection |
| Financial independence | Health | Intimacy | Mastery | Perkiness |

|  |  |
| --- | --- |
| Saintliness  Sanguinity  Satisfaction  Security  Self-control  Selflessness  Self-reliance  Sensitivity  Sensuality  Serenity  Service  Sexuality  Sharing  Shrewdness  Significance  Silence  Silliness  Simplicity  Sincerity  Skillfulness  Solidarity  Solitude  Soundness  Speed  Spirit  Spirituality  Spontaneity  Spunk  Stability  Stealth  Stillness  Strength  Structure  Success  Support  Supremacy  Surprise  Sympathy | Synergy  Teamwork  Temperance  Thankfulness  Thoroughness  Thoughtfulness  Thrift  Tidiness  Timeliness  Traditionalism  Tranquility  Transcendence  Trust  Trustworthiness  Truth  Understanding  Unflappability  Uniqueness  Unity  Usefulness  Utility  Valor  Variety  Victory  Vigor  Virtue  Vision  Vitality  Vivacity  Warmth  Watchfulness  Wealth  Willfulness  Willingness  Winning  Wisdom  Wittiness  Wonder  Youthfulness  Zeal |